



Homebush West Public School Excellence in Public Education

Empowering every student to be active, informed, creative and successful

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Special Points of Interest

- Halloween Fun
- Invitation to upcoming events
- Road Safety Reminder
- ReachOut Schools, supporting mental health
- Star Factor 2019

Right: Sunsmiles Dental Program

Term 4, Week 5

Last week to borrow Library Books

Year 5 Leadership Speeches all week

Monday

School Spec Choir Rehearsal 2

9.30-3pm

Remembrance Day 10.30am

Wrapped with Love 1-2pm

Jnr Code Club 3.10-4pm

Snr Code Club 4-5pm

Tuesday

Chatterbox Café 9.15-11.30

School Spec Choir Rehearsal 2

9.30-3pm

HBHS Year 7 advisor talk to Year

6 boys

Wednesday

Kindergarten 2020 Orientation

Day #3

Spanish class 3.15pm

Twilight concert 5.15pm

Thursday

No Assembly

Scripture

Enrichment Groups

Chess classes 3pm

Table Tennis 3.15-4.15pm

Stage 3 Debating 3.15pm

Friday

Stage 1 & 2 Swimming #20

PSSA

French Class 3.15pm

From The Principal



Sun Smiles Dental Program

This week was the final week of the Sun Smiles Dental program for 2019. We thank the dental students, dentists, educators and sponsors who made the program available to every student in our school. They have all been screened, accessed a fluoride varnish, learned about oral hygiene and received dental referrals where needed. Thanks to Ms Saad for highly successful organisation, student leaders for great leadership, and our admin team for catering support.

Basketball Competition Champions

Yesterday Mr Fung and Ms Joseph led a group of our Stage 3 students to great success in the inaugural Western Sydney Wolves Basketball Competition. The boys competition was fierce and very competitive. We squeezed into the semi-finals and played out an intense draw against Hilltop Rd PS to tie for third place. In the girls competition, under the wise guidance of Coach Joseph, we remained undefeated in the round robin matches. In the grand final against Al-Faisal College, every second was intense. The girls managed to secure a win by four points and were crowned the inaugural, senior girls champions of the West Sydney area! Thank you to West Sydney Wolves basketball for hosting the event. Congratulations to all players, well done.

Halloween Fun

Last week we had some fun 'Halloween themed' parades with many students creating fabulous costumes. The students enjoyed expressing themselves and the awarding of certificates and prizes. Thanks to Ms Saad for ensuring a smooth, safe, fun event.



School Spectacular – Dance and Choir Rehearsals

There's been a number of students who have had some exciting days rehearsing for the School Spectacular choir and dance ensembles. Thanks to Ms Zuccali, Ms Healy, Ms Willmington, Ms Saad and Ms Loos for their commitment to this program and facilitating this amazing opportunity for our students. We are all looking forward to watching our students shine on stage at Qudos Bank Arena in a few weeks. Tickets are available to the public and on sale now, see link.

<https://www.schoolsspectacular.com.au/the-show/tickets/>



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Quality in all that
we do*

Invitations

Twilight Concert

Next week we celebrate the achievements of our students accessing musical tuition in 2019, with our annual Twilight Concert. Parents and carers are invited to join us at our annual Twilight Concert on **Wednesday 13th November**.

We look forward to sharing this wonderful evening of music together with our 180 students, at one of four concerts where they have the opportunity to showcase their skills and bring our community together through music.

Symphonia Jubilate 'Flying Solo' and SJ Outback Launch

Consider joining our Community of Schools Symphonic Orchestra for the upcoming Symphonia Jubilate concert; Saturday 16th November, Marie Bashir PS from 6pm, tickets can be purchased online at <https://www.trybooking.com/BGFEO>. For further information see flyer attached.

The repertoire presented will be stunning. We will also be hosting very special guests, students and community members from Warren and surrounding schools. These students will be joining us to launch Symphonia Jubilate Outback, bringing the gift of music to some very drought effected areas.

Remembrance Day Ceremony, Monday 11th November

All of our school community members are invited to attend our Remembrance Day assembly next Monday at 10.30am. Students will receive a notification with further details.

Road safety reminder

Parents and students are reminded not to;

- cross the road diagonally
- walk between parked cars

These choices present serious safety issues and challenges including increasing the likelihood of a student accident around our school.



Rice and Noodles Announcement

Thank you to the team of volunteers who create this delicious food for our students every week. Please be aware we have temporarily suspended the practice of providing your own containers for the food. Provision of your own container is environmentally responsible, it is commendable, it is desired practice, it is what we want to encourage long term. However, we operate within a policy framework in schools, and we are taking the time to ensure we are operating within DoE policies and mitigating any risks of food contamination.

We apologise for any confusion and disappointment. We need to get this right. The review may take some weeks. We will make an announcement when the practice can resume. We understand if there are any families who wish to suspend their purchasing and have this term's costs refunded.

ReachOut Schools – supporting mental health and wellbeing for students and families

At Homebush West Public School we have a strong commitment to supporting the mental health and wellbeing of not only our students but our whole community. For easy to use online support, **ReachOut Schools is Australia's leading online mental health organisation for young people and their parents.** Through practical support, tools and tips they help young people get through anything from everyday issues to tough times – and the information offered to parents makes it easier for you to help your children. With 20 years' experience, everything they create is based on the latest evidence and designed with experts, and young people or their parents. That's why their **digital self-help tools are trusted, relevant and easy to use.**

Parents/carers can also search for apple podcasts in the App Store in order to listen at your own leisure to/from work, or at a more convenient time if you can't catch it at the prescribed time, or alternatively, on more than one occasion if needed. Search 'reachout parents live' and you will find two previous 30min podcast recordings on the following subjects:

1. Setting rules and boundaries with your teenager
2. Getting your teenager to open up

Available for free anytime and anywhere, ReachOut is accessed by 132,000 people in Australia every month. That's more than 1.58 million each year. <https://parents.au.reachout.com/>

Uniform Shop 2020

In 2020, administration of our school uniform shop will transition *from* the P&C to the school. The uniform shop will move to an online system. Purchases will be made directly with the supplier. **Please be aware, procedures for uniform exchanges and returns will change.** Parents will be advised of the changes by the end of the 2019 school year. Please note, there will **not be** any capacity to facilitate exchanges or returns *at school*, after 9th December 2019.

- Please action all exchanges and returns, **PRIOR** to 9th December 2019.
- **No exchanges or returns at school after 9th December 2019.**
- **In 2020 all exchanges, returns and issues will be managed online.**
- Turnaround times for uniform purchases in 2020 may take 7-10 working days.

*We value
Respect for others*



Students enjoying the Sunsmiles Dental Program



Below are some key dates that will assist you to navigate the term ahead

HWPS Term 4, Key Dates;

- Year 5 Leadership Speeches: Start Wed 6th Nov to Thurs 21st Nov
- Twilight Music Tuition Concerts: Wed 13th Nov
- School Spectacular: Fri/Sat 22nd and 23rd Nov
- Surf Awareness: Tues 26th Nov and 27th Nov
- Award Night: Tues 3rd December
- School Picnic: Tues 10th December
- Year 6 Graduation and Farewell: Thurs 5th December
- STAR Factor: Monday and Tuesday 16th and 17th December
- Final Day for 2019: Wednesday 18th December (includes Farewell Arch)

Estelle Southall - Principal

Roxanne Picoaga - Deputy Principal

Coming Up

Term 5, Week 6 2019

18 November – Stage 1 Incursion

20 November – School Spectacular Choir Rehearsal

21 November – School Spectacular Dress Rehearsal

22 November – School Spectacular

*We value
Success for all*



Western Sydney Wolves Basketball Competition



Early Stage 1 Fairybread Fractions

This week in Kindergarten, students have been learning about Fractions. They learnt that halves are two equal parts of a whole. Students showcased their learning in a delicious way, by making Fraction Fairybread!

Ms Loos



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Community
involvement*

HWPS Star Factor 2019

If you haven't started thinking about STAR FACTOR it's time to get organised. STAR FACTOR auditions will be held in week 7 and so start your creative engines!

It's time to get together with your friends, siblings or classmates and start coming up with an act that you would like to perform. It could be a song, musical instrument, drama act or even a poem. Start practising and have a talk to Mum and Dad about costume ideas. You always look better in a costume (be creative!) You will not need a costume unless you are successful in making it through auditions.

If you're stuck on ideas here are some ideas to get you thinking. Be a HWPS STAR by:

- Singing: get some friends together and sing your favourite song or perform by yourself.
- Dancing: we have seen some amazing talent in the School Musical and we all know you can dance. Find a song you like that has a good beat and create a fabulous dance by yourself or with your friends.
- Instruments how about showcasing your musical ability. Perhaps playing the piano or guitar?
- Or you could be a joke teller or do you have some hidden magic tricks you would like to show? REMEMBER you need to keep the audience entertained!

If you have a song you are performing to it MUST be copied onto a CD or USB, label it and give to your classroom teacher. Each act will have a maximum time of 3 minutes.

Prizes

The Star Factor team are in need of your help and support by donating prizes for the categories. We would greatly appreciate prizes, they can be tennis balls, toys, books, vouchers, anything that you would like to donate please send to the office
Remember get practising and have fun lots of fun.

Miss Pashley





Selective High School Applications for 2021

Selective high schools cater for academically high potential and gifted students who may otherwise be without sufficient classmates of their own academic standard. Selective schools help these students to learn by grouping them with students of similar ability, using specialised teaching methods and materials. Selective high schools are unzoned so parents can apply regardless of where they live.

Applications for selective high school placement are considered mainly on the basis of the Selective High School Placement Test results and school assessment scores. The Selective High School Placement Test will be held on Thursday 12 March 2020.

If you would like to have your child considered for Year 7 selective high school entry in 2021, you need to apply on the internet using a valid email address (not the student's email address).

Detailed instructions on how to apply online will be available from late-September 2019 at <https://education.nsw.gov.au/public-schools/selective-high-schools-and-opportunity-classes/year-7>

The application website opens at that link on 8 October 2019 and closes at 10pm on 11 November 2019. You must apply before the closing date.

Mr Fung

SRC Corner

WOODiWILD Fundraiser

SRC will now be working with our school P&C, in partnership with 'WOODiWILD'. As a community, we will work towards a **mutual goal of planting more trees** to help protect our unique and vulnerable wildlife. Those who purchase a tree will be provided with a direct link to their own tree within the Great Aussie Schools' Forest where they will learn about the importance of conserving these threatened species and work towards a more sustainable future.

We will host 'Buy a Tree Day' where we will be encouraging members of our school community to 'buy a WOODiWILD tree'. You can also do this before the day at the following link; https://woodiwild.org/homebush-west-public-school/#purchase_form



Cost: \$10 a tree (\$2.00 from each tree going to the school P&C).

OR Scan the QR code

Lids 4 Kids Initiative

Thank you, Homebush West Public School, for donating **7398 lids to 'Lids 4 Kids'!** Every 500 lids is 3D printed into a prosthetic arm for child that needs one. This initiative is now closed.

Miss Tancred and the School Representative Council.

Kindergarten 2020

Enrolments for Kindergarten 2020 continue. Children born between 1st August 2014 and 31st July 2015 are eligible to enrol. Parents / carers who would like to enrol a child for Kindergarten next year, need to visit the school office. Please bring the following:

- Child's birth certificate for proof of age
- Passports and visas for families born overseas
- Proof of residence (e.g. Council rate notice, gas, rental agreement, electricity account or bank account). We do not accept driver's licences.
- Immunisation Certificate
- Health Plans were required (allergy, asthma etc) where required.

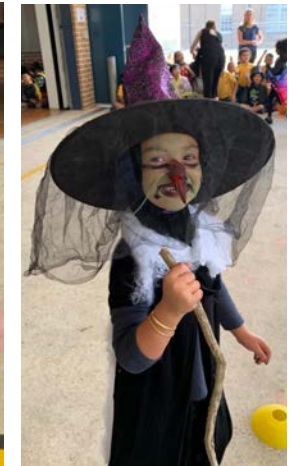
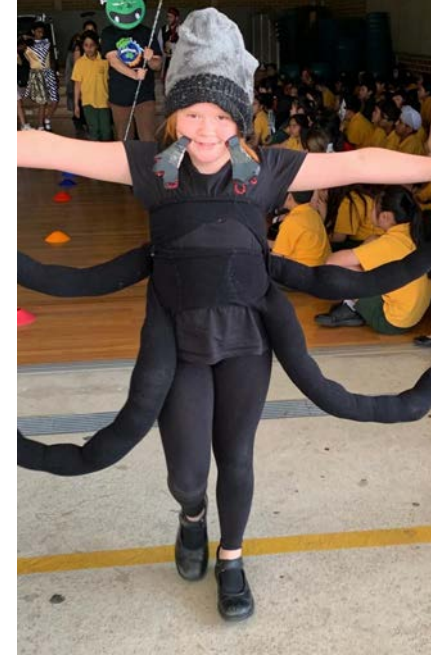
If you would like to complete an enrolment form prior to visiting the office, a copy of the enrolment form can be found here in multiple languages: <https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/enrolment-application>

Once you enrol you will be placed on a mailing list to receive notification and information about our highly informative Kindergarten Orientation sessions.

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A caring and safe
environment*



Students enjoyed the Halloween Parade





Teachers get into the Halloween spirit!







And the winners are...

Early Stage 1



Stage 1

Stage 2



Stage 3







Summer PSSA Coaches

Junior Cricket – Ms Joseph
Senior Cricket – Ms Pashley
Junior and Girls and Boys Tee ball – Ms Pene
Senior boys and Girls Softball – Mr Penman

Junior Cricket – Ms Joseph

Last Friday we faced Burwood PS. We won the toss and chose to bat. Our openers worked well together and were fantastic at running between the wickets which put Burwood on the back foot. This was a great start for our batters, which gave confidence to our second pairing who came out with their bats blazing and scored 17 runs off the bat. This instilled confidence in the batting order; we only gave away one wicket in our innings and were able to score 106.

Our bowling and fielding was just as good as our batting this week. We were able to get 5 wickets, adding a bonus of 25 runs for the team. The final score was HWPS 131 - Burwood 79. Well done team on your effort today and congratulations to Burwood on their great sportsmanship.

Ms Joseph

Senior Cricket – Ms Pashley

Last Friday Homebush West played a very kind Burwood PS team. Our Batting was absolutely fabulous this week with Millind scoring 6 runs, Jay scoring 12 runs and Pravin scoring 17 Runs including and out of this world sixer! Our fielding was spectacular with Garry and Fateh stepping up to bowl because two of our players were unable to play. They both did so well!. Jayaditya went into wicket keeper and wowed the crowd with his incredible catching skills and reflexes. In total we took 7 wickets and our batting innings were over 100! Chinmayee took one for the team stopping a ball painfully with her foot that would have been a sure 4. She kept playing though - tough! Overall it was a great match and great win! Final score was 127.5 to Burwood's 73.5.

Congratulations Homebush West on an excellent afternoon of Cricket!

Written by Chinmayee and Coach Pashley

Senior Girls Softball

Week 8 of PSSA took place at Mason Park against Croydon.

The team had a slow start to the game, however they kept their heads high and pushed through.

Our second innings was a lot stronger, Melody took her first catch of the season which was a great highlight. The team was able to get some runs on the board this week, however it wasn't enough to win.

All team members try their best each week by turning up to training and showing consistent growth.

Mr Penman

Boys Senior Softball

Week 8 of PSSA took place at Mason Park against Croydon.

The team had a challenge again this week playing against a team that plays on the weekend. Regardless the boys played a sublime game, taking catches and hitting the ball off a well-trained pitcher. The team were unable to get any runs on the board this week, however they tried their best and never gave up! Having the team attend training has really increased their skills and improved their team dynamic. Keep up the commitment.

Mr Penman

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Quality in all that
we do*



Junior and Girls and Boys Tee ball

On Friday 1st November, the Junior Teeball teams played against Croydon Public School in two thrilling and close games! The Junior Girls and Boys teams played with such passion and determination today, which is our ongoing collective goal each week. Although both teams sadly lost, walking away with a final score of 27-26 (Junior Girls) and 26-2 (Junior Boys), we take each loss as a win - allowing us to continue to work hard and improve ourselves for next time. A few highlights from today's game include:

Junior Boys Teeball

- Luka's excellent 'catch on the full' at intense speed, to his surprise, leading to an instant out. Insanely good!
- Jun-Xi's impressive heavy hit, seeing the ball fly over the heads of the fielders, resulting in a home run. Outstanding!
- Eric's determination and growth mindset when faced with a challenge during the game. Three deep breaths and he was good to go! What a team player!

Junior Girls Teeball

- Devashri's heavy hits all three innings, smashing the ball directly into the outfield and making the fielders run. Impressive!
- Sadhika's improved batting technique, smoothly hitting each ball further and further. Fantastic!
- Aalia's impressive 'catch on the full' at such a fast speed, resulting in an instant out to the opposition's surprise. Phenomenal!

Well done Junior Teeballers! As always, you all make me so proud to be your coach!!!

Ms Pene

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Respect for others*



Chatterbox Café
ENGLISH CONVERSATION & SKILLS



Chatterbox Café – English Class FREE

Come and join the continuation of English Classes - called 'Chatterbox Café' - in our Media Room (in the library) every Tuesday from 9:15-11:30am. Strathfield Council provides teachers and volunteers to practise your conversational English skills. Morning tea and printing resources also available.

Please see Mrs Prouty for more information.



Advance Notice
SURF AWARENESS COURSE
Stage 2 - Tuesday, 26th November, 2019
Stage 3 – Wednesday, 27th November, 2019
at Bondi Beach

Dear Parents,

For many years now Homebush West students have had the opportunity to attend surf awareness classes at Bondi Beach. These days have been very enjoyable and rewarding for the students who have attended. At Homebush West we believe that this course is very important in helping our students learn how to be safe at the beach.

The course involves: **Identification** of rips and other hazards of the beach
Rip Escape methods
Visit by Surf Instructors to our school to teach our students about surf conditions and hazards
Surf skills, such as, diving over/under waves and using foam Boards

*Please note that this year **Stage 2** will attending this course on **Tuesday, 26th November** and **Stage 3** will attend on **Wednesday, 27th November**.*

Details below:

Where	Bondi Beach
Date and Time <i>For Stage 2</i>	Tuesday, 26th November, 2019 8.30a.m. – 3.00p.m.
Date and Time <i>For Stage 3</i>	Wednesday, 27th November, 2019 8.30a.m. – 3.00p.m.
Transport	Bus
Cost	\$50.00
What to bring in a beach bag	Recess, lunch, 2 – 3 drinks, jumper (if cold), underwear (in a plastic bag, to change into), sunscreen, sunshirt (to wear in the water), beach towel and asthma puffer (if needed)
What to wear	Beach clothes – t-shirt, shorts, swimming costume (to be worn underneath clothes), socks, joggers, a hat and a jumper (if cold)

Students have received their notes. Please note: the positions for this course can fill up quickly, so please return the notes as soon as possible.

Thank you, Mrs. Rich, Surf Awareness Coordinator.



Homebush West would like to thank Festival Hire for their generosity towards the Year 6 Farewell



'Tis The Season To Be Jolly!

This year's Strathfield Council's Christmas Carols will return to Bressington Park on Saturday 7 December!

The festive event will treat you and your family to a magical day of Christmas performances, a visit from Santa Claus and fun children's activities!

That's not all! There will also be a special Movies in the Park Christmas screening of The Grinch (2018) and a spectacular fireworks display to conclude the night.

Mark it in your calendars and watch out for updates!

When: Saturday 7 December – Carols from 6pm; The Grinch screening at approx. 8pm; fireworks at approx. 9.45pm

Where: Bressington Park, Underwood Rd, Homebush, for further details please visit <https://strathfieldevents.nsw.gov.au/major-events/christmas-carols/>

Exclusive Real Estate supporting Homebush West Public School

Exclusive Real Estate is very keen to help our school and community and is a top Real Estate Agent in the area. They have offered an extra incentive that you can pass on to friends and family. If you take advantage of Exclusive Real Estate's great service you can benefit the school at the same time, Exclusive will donate:

- \$500 from any sale referral
- \$250 for any property management referral
- \$500 for any strata building



Just mention Homebush West Public School!! www.exclusivere.com.au Andrew Bova m: 0414 614 256 e: <mailto:andrew@exclusivere.com.au>

The Walking Bus is proudly sponsored by Exclusive Real Estate

The Chaplaincy Program run by Mrs Prouty is proudly sponsored by

Suttons
HOMEBUSH



Hot Dog Orders

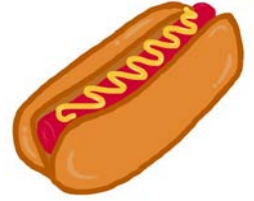
Friday Hot Dog Orders – Last orders by 3pm Thursdays

Hot Dog Order Form

First Name: _____

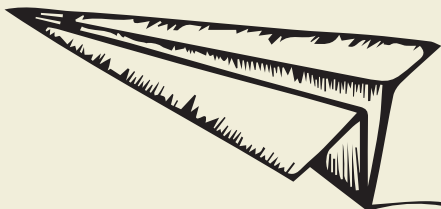
Last Name: _____

Class: _____



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SYMPHONIA JUBILATE
PRESENTS



FLYING SOLO


Saturday November 16th At 5:00pm
Marie Bashir Public School Hall
Albert Road, Strathfield

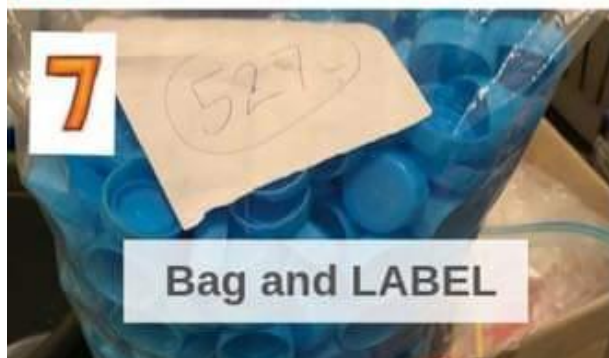


Education
Public Schools



BEFORE YOU DROP OFF LIDS

(your coordinator will LOVE you!) 





Your **Child's** own picture made into unique products!

Order Online By:

Monday 4th November at 9am



Calendars

High quality laminated A4 print of your Child's Artwork or Photo. Wire bound to a 12-Month tear off calendar. Includes public holidays & school terms.

Cards

Display your Child's Artwork or Photo on a pack of 8 cards. Artist's name and age are printed on the reverse of Art products. Includes envelopes.

Diaries

Hard cover print of your Child's Artwork or Photo. A5 size (148 x 210mm). Wire bound. Artist's name and age printed on the inside cover. Includes week view and year planner.

Mouse Mats

Your child's Artwork or Photo print, heated on to a high quality neoprene mouse mat.

Sketch Pads

Front cover features your child's Artwork or Photo. Wire Bound with 50 x A5 sized pages of blank art paper. Protected with plastic covers front and back.

To view your child's picture and order products:

- 1 Go to www.kidsartworks.com
- 2 In the Entrance Code field type:
The unique code on the note your child received. Lost your code? Or need help?
Contact Suzanne hwps.pandc@gmail.com
- 3 Payment can be made via over the website using a credit card or directly from your bank account

No artwork under your child's account?

This is because you didn't return the 'authority to publish student work' form. It's not too late to participate! You can upload a photo/s or scanned artwork/s via the website OR place the artwork/s or photo/s in the box in the office area with your child's name and class on the back and it will be uploaded for you.

Orders close 4th November so you need to do this ASAP.

Questions? Contact parent Suzanne hwps.pandc@gmail.com

IS YOUR CHILD USING A HANDHELD DEVICE ?

This research will involve a two-part online survey that is expected to be completed in 2019 and in 2020. Each survey will take approximately 30 minutes.

If your child is born between 30/10/2013 to 28/02/2015 and engages in handheld device use, we would like to hear from you!

Screen time is a popular pastime activity in children today. We are interested in exploring the effects of parental wellbeing and handheld devices (e.g. iPads, tablets, mobile phones) on development.

YOU WILL GO INTO THE DRAW TO WIN 1 OF 4 \$100 GOLES/MYER GIFT CARDS!!!

HOW TO PARTICIPATE

SCAN THE QR CODE



OR

https://bit.ly/st_survey19

ON THE WEB AND ENTER PASSWORD SCREEN19

This proposal has been approved by the UTS Human Research Ethics Committee (HREC#: ETH18-2354)

For further questions or information, please feel free to contact:

Primary Researcher: Nghi Bui (nghi.h.bui@student.uts.edu.au)

Primary Supervisor: Dr John McAloon (john.mcaloon@uts.edu.au or 9514 7240)

Secondary Supervisor: Dr Josephine Paparo (josephine.paparo@uts.edu.au or 9514 4276)



UTS

UNIVERSITY OF TECHNOLOGY SYDNEY

PARTICIPANT INFORMATION SHEET
Parental Characteristics and Screen Time on Early Childhood Development
UTS HREC REF NO. ETH18-2354

WHO IS DOING THE RESEARCH?

My name is Miss Nghi Bui and I am a Doctor of Philosophy (Clinical Psychology) student at UTS. My supervisors are Dr John McAloon and Dr. Josephine Paparo at the UTS Graduate School of Health.

WHAT IS THIS RESEARCH ABOUT?

During childhood, parents have an influential role in a child's development and future outcomes. On top of that, early childhood activities and experiences, such as screen time, may impact a child's development. Screen time has become increasingly prevalent in the lives of children and has become a dominant pastime in early childhood. Children engaging in screen time has also often been a source of conflict in the home. This research would like to further investigate the effects of handheld screens on development, considering the large role it plays in children's lives today.

WHY HAVE I BEEN ASKED?

You have been invited to participate in this study because we are interested in hearing more about your wellbeing, your family, and the role of handheld devices (e.g. iPads, tablets, smartphones) in your home and your child's development. Please only complete this survey if your child is born between 30/07/2013 to 30/09/2014 and engages in handheld device use.

IF I SAY YES, WHAT WILL IT INVOLVE?

If you decide to participate, I will invite you to complete a two-part online survey that is expected to be completed in 2019 and 2020. Each survey will take approximately 30 minutes to complete. You will be re-contacted in 2020 to remind you to complete the second part of the online survey.

The online survey will ask you some questions about your parenting experiences and wellbeing, your child's screen time and their development during school. We also appreciate your efforts in completing the survey and you will be eligible to enter in a draw to win 1 of 4 \$100 Coles/Myer Gift Cards at each time-point.

The results of this research will be used in Miss Nghi Bui's thesis for Doctor of Philosophy. The research may also be used for publication in an academic journal or be presented at conferences. All reportable information will be de-identified.

ARE THERE ANY RISKS/INCONVENIENCE?

Yes, there are some risks/inconvenience. You may be asked potentially sensitive questions about you and your child. While we expect limited risk and distress whilst completing the survey, if you do become distressed recalling you and/or your child's experiences, we will provide information to contact services upon completion or withdrawal from the study.

DO I HAVE TO SAY YES?

Participation in this study is voluntary. It is completely up to you whether or not you decide to take part.

WHAT WILL HAPPEN IF I SAY NO?

If you decide not to participate, it will not affect your relationship with the researchers or the University of Technology Sydney. If you wish to withdraw from the study once it has started, you can do so at any time without having to give a reason, by contacting Miss Nghi Bui on the details below.

If you withdraw from the study, your data will be destroyed. However, it may not be possible to withdraw your data from the study results if these have already had your identifying details removed.

CONFIDENTIALITY

By signing the consent form you consent to the research team collecting and using personal information about you for the research project. All this information will be treated confidentially. All participants will be

assigned a Unique Participant Identifying Code (UPIC). This code will then be attached to the participant's email stored separately in a password protected file. The UPIC will then be attached to all participant research data and this will be stored without reference to participant identifying information in an independent password protected file. Your information will only be used for the purpose of this research project. Only the nominated researchers will have access to the material provided by participants in this study. This will ensure that data will be kept confidential, both during the collection phase and in the publication of results. The exceptions to confidentiality include any disclosure of risk of harm to yourself or others, including harm to children or if there is a legal requirement. In these circumstances, the researcher will have to break confidentiality.

We plan to publish and use the results in a doctoral thesis, journal article and potentially at a conference. In any publication, information will be provided in such a way that you cannot be identified.

WHAT IF I HAVE CONCERNS OR A COMPLAINT?

If you have concerns about the research that you think I or my supervisor can help you with, please feel free to contact us on the details below:

Primary Investigator: Nghi Bui
Email: nghi.h.bui@student.uts.edu.au

UTS Primary Supervisor: Dr. John McAloon
Phone: +61 2 9514 7240, Email: john.mcaloon@uts.edu.au

UTS Secondary Supervisor: Dr. Josephine Paparo
Phone: +61 2 9514 4276, Email: josephine.paparo@uts.edu.au

If you wish to talk to someone about how you feel during or after completion of the survey we encourage you to contact:

- Parentline – 1300 1300 52
- Kids Helpline – 1800 55 1800 (24 hours)
- Lifeline – 11 13 14 (24 hours)
- UTS Psychology Clinic – 9514 7339
- Your local GP or wellbeing team at your child's local school

Additionally, if you are feeling distressed during or after this survey, referral information can be provided. Please consult with your local GP as soon as possible to seek their advice. Alternatively, please do not hesitate to contact one of the researchers listed above should we be able to support you in this in any way.

Please screenshot this page for a personal copy of this information sheet.

NOTE:

This study has been approved by the University of Technology Sydney Human Research Ethics Committee [UTS HREC]. If you have any concerns or complaints about any aspect of the conduct of this research, please contact the Ethics Secretariat on ph.: +61 2 9514 2478 or email: Research.Ethics@uts.edu.au, and quote the UTS HREC reference number. Any matter raised will be treated confidentially, investigated and you will be informed of the outcome.



Term 4 Tuesday 'Noodles or Fried Rice' Fundraiser



Tuesday 15th October 2019

Dear Parents and Carers,

HWPS will be running a Tuesday 'Vegetarian Noodles or Fried Rice' lunch order day during Term Four. If you wish to participate in the fundraiser please complete this form below and return to the office ASAP. One serving of Noodles or Fried Rice is \$3.00 and is paid at the office with this note. **Please note:** this payment is not part of the school fees.

TUESDAY VEGETARIAN NOODLE or FRIED RICE LUNCH ORDER

I would like to pre-order noodles or Fried Rice for lunch. Please see below for my child's details:

Child's Name:

Child's Class:

Please select (tick) which days you wish to pre-order vegetarian noodles or fried rice (please circle your option) for your child to have for lunch:

- | | |
|--|----------------|
| <input type="checkbox"/> Tuesday 22 October (Week 2) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 29 October (Week 3) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 5 November (Week 4) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 12 November (Week 5) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 19 November (Week 6) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 26 November (Week 7) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 3 December (Week 8) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 10 December (Week 9) | Rice / Noodles |
| <input type="checkbox"/> Tuesday 17 December (Week 10) | Rice / Noodles |

CASH PAYMENTS ONLY

Total Amount paid \$ _____

Food Allergy or Special Diet

Complete ONLY if REQUIRED

My child has a food allergy and cannot eat food containing:

Please note that the noodles or rice option is **vegetarian only**.

Noodle Ingredients: Hokkien noodles, salt, soy sauce, vegetable oil, cabbage and carrot.

Rice Ingredients: Rice, salt, soy sauce, vegetable oil, corn, baby peas and carrot.

Please note: On Tuesdays there will also be **popcorn, apples** and other **pieces of fruit** for sale for \$1 each.

Parent Signature: _____

Date: _____

Medical Information

* In signing this order form you confirm that your child's **medical record and emergency contact details are current including any allergies/asthma information**. If medical records are not current, please see office staff to update.