



## Homebush West Public School Excellence in Public Education

Empowering every student to be active, informed, creative and successful

Exeter Rd, Homebush West 2140 T: 9746 9304 F: 9746 2148

E: [homebushw-p.school@det.nsw.edu.au](mailto:homebushw-p.school@det.nsw.edu.au) W: [www.homebushw-p.schools.nsw.edu.au](http://www.homebushw-p.schools.nsw.edu.au)

### Special Points of Interest

- Remembrance Day Ceremony
- State Spelling Bee Champion
- HWPS is Ready, Catastrophic Fire Rating, Sydney and Surrounds
- SRC 'Buy a Tree Day'
- Year 5 Aspiring Leadership Speeches

Right: Remembrance Day Ceremony

*Term 4, Week 6*

**Library closed for Stocktake**  
**Year 5 Leadership Speeches all week**

#### **Monday**

SRC Buy a Tree Day  
Chess make up lesson 1-2pm  
Stage 1 Incursion Gardening with Bunnings  
Wrapped with Love 1-2pm  
Jnr Code Club 3.10-4pm  
Snr Code Club 4-5pm

#### **Tuesday**

Chatterbox Café 9.15-11.30

#### **Wednesday**

School Spectacular Dress Rehearsal - Choir  
Spanish class 3.15pm

#### **Thursday**

School Spectacular Dress Rehearsal – Choir and Dance  
No Assembly  
Scripture

Enrichment Groups

Chess classes 3pm

Table Tennis 3.15-4.15pm

Stage 3 Debating 3.15pm

#### **Friday**

Stage 3 Incursion, UN Youth Group

PSSA

French Class 3.15pm

### From The Principal



#### **Remembrance Day Ceremony**

This week we commemorated **Remembrance Day**. Just over a century ago on the 11th November 1918, four years of conflict came to an end. Almost 62,000 Australians died fighting for our freedom, in the service of our nation. At Homebush West Public School we host a Remembrance Day assembly every year to honour all those who gave their lives for freedom and peace. Our students make and wear poppies to show their respect and observe one minutes silence to remember all servicemen and women. Thank you to all of the school community who attended and donated flowers for the wreaths. Special thanks to our Remembrance Day Team, Mrs Rich, Miss Sontoro, Miss Kelleher, Mrs Jabbour and Mr Smith for organizing and facilitating a respectful, solemn event.



### State Spelling Bee Champion

We offer our congratulations to Year 6 student Akshath who came **third in the State Senior Division of the 2019 NSW Premier's Spelling Bee State Final last week**. We are very proud of Akshath, and this outstanding achievement. This year, over 4000 students competed in 92 regional finals. 950 schools registered to participate in the 2019 Premier's Spelling Bee, with an astounding 170 000 students involved in the competition. For more information see the following link <https://www.artsunit.nsw.edu.au/premiers-spelling-bee>.

### HWPS is Ready, Catastrophic Fire Rating, Sydney and Surrounds

You would be aware that bushfires are having a devastating impact across the state, particularly in the north. Our thoughts are with those members of our school communities across the state who have been personally impacted by the devastating fires. Please be assured that HWPS is ready for, and responsive to the catastrophic fire rating. Homebush West Public School is operational and is not in a bushfire prone zone. However, we have reviewed all risk management plans. Over the coming days/weeks we will minimise exposure to smoke haze and ensure the safety of our students and staff.

### Staying up to date with local information

It is important to stay up to date with what is happening in your local area. It is recommended to

- install or updating the "Fires Near Me NSW" app on your phone to ensure that it is latest version
- Monitor local media (TV, ABC radio, social media)
- check the [NSW RFS website](#) or calling RFS on 1800 679 737

For further detailed information about Department of Education response to the warning level, and to see the list of non-operational schools, please refer to this link on our school website.

<https://homebushw-p.schools.nsw.gov.au/news/2019/11/nsw-schools-respond-to-bushfires.html>

### SRC 'Buy A Tree Day', Monday 18<sup>th</sup> November

SRC is working with our school P&C and 'WOODiWILD'. As a community, we will work towards a **mutual goal of planting more trees** to help protect our unique and vulnerable wildlife.

Those who purchase a tree will be provided with a direct link to their own tree within the Great Aussie Schools' Forest where they will learn about the importance of conserving these threatened species and work towards a more sustainable future.

On Monday 18 November the SRC will host '**Buy a Tree Day**' where we will be encouraging members of our school community to 'buy a WOODiWILD tree'. Students who buy a tree will have their name on a leaf in the school foyer to show their commitment.

You can also do this before the day at the following link;

**Link:** [https://woodiwild.org/homebush-west-public-school/#purchase\\_form](https://woodiwild.org/homebush-west-public-school/#purchase_form)

**Cost:** \$10 a tree (\$2.00 from each tree going to the school P&C).

**OR**

Scan the QR code below;



*We value  
Quality in all that  
we do*



### Year 5 Aspiring Leadership Speeches

We continue to enjoy the successful leadership speeches. Our Year 5 candidates are to be congratulated for their inspiring work. Speeches continue in Week 6 and parents are welcome to attend. We look forward to each student having a voice in the election at the end of next week and anticipate another wonderful year of student leadership excellence in 2020.

### Twilight Concert Invitation

Parents and carers are invited to join us at our annual Twilight Concerts (there are four tomorrow evening) on Wednesday 13th November. Join us and enjoy this wonderful evening of music to celebrate our students' 2019 music tuition program. This event will provide 180 of our students the opportunity to display their musical talent and bring our community together to share in each other's achievements.

### Former HWPS student stars in Alice Miranda movie

In exciting news, a recent former Homebush West Public School student and school leader, Maisy WS, is the voice of Alice Miranda in the animated feature film 'Alice Miranda Friends Forever'. The movie is based on a series of children's novels written by Australian author Jacqueline Harvey. You can catch the movie in cinemas in November and then on TV 9GO on Saturday 28 December at 5.30pm. Congratulations Maisy. We love to hear about our students and their success.

See the link to the trailer below;

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=DyiiYYeZ4yl&feature=youtu.be&fbclid=IwAR12ZPT1o2QBZT6GEcSm8_0UvrJtKu7tdK8CjiS6dtmZzEfGa1B7IPPEOVY)

[v=DyiiYYeZ4yl&feature=youtu.be&fbclid=IwAR12ZPT1o2QBZT6GEcSm8\\_0UvrJtKu7tdK8CjiS6dtmZzEfGa1B7IPPEOVY](https://www.youtube.com/watch?v=DyiiYYeZ4yl&feature=youtu.be&fbclid=IwAR12ZPT1o2QBZT6GEcSm8_0UvrJtKu7tdK8CjiS6dtmZzEfGa1B7IPPEOVY)

*We value  
Respect for others*

#### Below are some key dates that will assist you to navigate the term ahead

##### HWPS Term 4, Key Dates;

- Year 5 Leadership Speeches: Start Wed 6<sup>th</sup> Nov to Thurs 21<sup>st</sup> Nov
- Twilight Music Tuition Concerts: Wed 13<sup>th</sup> Nov
- School Spectacular: Fri/Sat 22<sup>nd</sup> and 23<sup>rd</sup> Nov
- Surf Awareness: Tues 26<sup>th</sup> Nov and 27<sup>th</sup> Nov
- Award Night: Tues 3<sup>rd</sup> December
- School Picnic: Tues 10<sup>th</sup> December
- Year 6 Graduation and Farewell: Thurs 5<sup>th</sup> December
- STAR Factor: Monday and Tuesday 16<sup>th</sup> and 17<sup>th</sup> December
- Final Day for 2019: Wednesday 18<sup>th</sup> December (includes Farewell Arch)

Estelle Southall - Principal

Roxanne Picoaga - Deputy Principal

### Coming Up

#### Term 5, Week 7 2019

25 November – Star Factor Auditions (Stages 1-3)

26 & 27<sup>th</sup> November – Stage 1 Excursion Wild Life Zoo and Aquarium

27 November – Stage 2 Incursion – Reverse Garbage sustainability

28 November – Star Factor Auditions (All stages)



*School Learning Support Officers working with Mentor/ Coach Leanne Hillman, Bolster Education, as a Professional Learning Community*

*School Spectacular Choir rehearsals continue*



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*We value  
Success for all*

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*Junior and Senior Cricket awards*





Students supporting Kindergarten Orientation Day Expo



Students laying the wreath for Remembrance Day

*We value  
Community  
involvement*

#### Uniform Shop 2020 - reminder

In 2020, administration of our school uniform shop will transition *from* the P&C to the school. The uniform shop will move to an online system. Purchases will be made directly with the supplier. **Please be aware, procedures for uniform exchanges and returns will change.** Parents will be advised of the changes by the end of the 2019 school year. Please note, there will **not be** any capacity to facilitate exchanges or returns *at school*, after 9th December 2019.

- Please action all exchanges and returns, **PRIOR** to 9th December 2019.
- **No exchanges or returns at school after 9th December 2019.**
- **In 2020 all exchanges, returns and issues will be managed online.**
- Turnaround times for uniform purchases in 2020 may take 7-10 working days.

#### ReachOut Schools – supporting mental health and wellbeing for students and families

At Homebush West Public School we have a strong commitment to supporting the mental health and wellbeing of not only our students but our whole community. For easy to use online support, **ReachOut Schools is Australia's leading online mental health organisation for young people and their parents.** Through practical support, tools and tips they help young people get through anything from everyday issues to tough times – and the information offered to parents makes it easier for you to help your children. With 20 years' experience, everything they create is based on the latest evidence and designed with experts, and young people or their parents. That's why their **digital self-help tools are trusted, relevant and easy to use.**

Parents/carers can also search for apple podcasts in the App Store in order to listen at your own leisure to/from work, or at a more convenient time if you can't catch it at the prescribed time, or alternatively, on more than one occasion if needed. Search 'reach out parents live' and you will find two previous 30min podcast recordings on the following subjects:

1. Setting rules and boundaries with your teenager
2. Getting your teenager to open up

Available for **free anytime and anywhere**, Reach Out is accessed by 132,000 people in Australia every month. That's more than 1.58 million each year. <https://parents.au.reachout.com/>



### HWPS Star Factor 2019

If you haven't started thinking about STAR FACTOR it's time to get organised. STAR FACTOR auditions will be held in week 7 and so start your creative engines!

It's time to get together with your friends, siblings or classmates and start coming up with an act that you would like to perform. It could be a song, musical instrument, drama act or even a poem. Start practising and have a talk to Mum and Dad about costume ideas. You always look better in a costume (be creative!) You will not need a costume unless you are successful in making it through auditions.

If you're stuck on ideas here are some ideas to get you thinking. Be a HWPS STAR by:

- Singing: get some friends together and sing your favourite song or perform by yourself.
- Dancing: we have seen some amazing talent in the School Musical and we all know you can dance. Find a song you like that has a good beat and create a fabulous dance by yourself or with your friends.
- Instruments how about showcasing your musical ability. Perhaps playing the piano or guitar?
- Or you could be a joke teller or do you have some hidden magic tricks you would like to show? REMEMBER you need to keep the audience entertained!

If you have a song you are performing to it MUST be copied onto a CD or USB, label it and give to your classroom teacher. Each act will have a maximum time of 3 minutes.

### Prizes

The Star Factor team are in need of your help and support by donating prizes for the categories. We would greatly appreciate prizes, they can be tennis balls, toys, books, vouchers, anything that you would like to donate please send to the office  
Remember get practising and have fun lots of fun.

Miss Pashley

*We value  
A caring and safe  
environment*



### Kindergarten 2020

Enrolments for Kindergarten 2020 are now being accepted. Children born between 1st August 2014 and 31st July 2015 are eligible to enrol. Parents / carers who would like to enrol a child for Kindergarten next year, need to visit the school office. Please bring the following:

- Child's birth certificate for proof of age
- Passports and visas for families born overseas
- Proof of residence (e.g. Council rate notice, gas, rental agreement, electricity account or bank account). We do not accept driver's licences.
- Immunisation Certificate
- Health Plans were required (allergy, asthma etc) where required.

If you would like to complete an enrolment form prior to visiting the office, a copy of the enrolment form can be found here in multiple languages: <https://education.nsw.gov.au/public-schools/going-to-a-public-school/translated-documents/enrolment-application>

Once you enrol you will be placed on a mailing list to receive notification and information about our highly informative Kindergarten Orientation sessions.



**Advance Notice**  
**SURF AWARENESS COURSE**  
Stage 2 - Tuesday, 26<sup>th</sup> November, 2019  
Stage 3 – Wednesday, 27<sup>th</sup> November, 2019  
at Bondi Beach

Dear Parents,

For many years now Homebush West students have had the opportunity to attend surf awareness classes at Bondi Beach. These days have been very enjoyable and rewarding for the students who have attended. At Homebush West we believe that this course is very important in helping our students learn how to be safe at the beach.

- The course involves:
- Identification** of rips and other hazards of the beach
  - Rip Escape methods**
  - Visit by Surf Instructors** to our school to teach our students about surf conditions and hazards
  - Surf skills**, such as, diving over/under waves and using foam Boards

*Please note that this year **Stage 2** will attending this course on **Tuesday, 26<sup>th</sup> November** and **Stage 3** will attend on **Wednesday, 27<sup>th</sup> November**.*

Details below:

<b>Where</b>	Bondi Beach
<b>Date and Time</b> <i>For Stage 2</i>	<b>Tuesday, 26<sup>th</sup> November, 2019</b> 8.30a.m. – 3.00p.m.
<b>Date and Time</b> <i>For Stage 3</i>	<b>Wednesday, 27<sup>th</sup> November, 2019</b> 8.30a.m. – 3.00p.m.
<b>Transport</b>	Bus
<b>Cost</b>	\$50.00
<b>What to bring in a beach bag</b>	Recess, lunch, 2 – 3 drinks, jumper (if cold), underwear (in a plastic bag, to change into), sunscreen, sunshirt (to wear in the water), beach towel and asthma puffer (if needed)
<b>What to wear</b>	Beach clothes – t-shirt, shorts, swimming costume (to be worn underneath clothes), socks, joggers, a hat and a jumper (if cold)

**Students have received their notes. Please note: the positions for this course can fill up quickly, so please return the notes as soon as possible.**

Thank you, Mrs. Rich, Surf Awareness Coordinator.



### Summer PSSA Coaches

Junior Cricket – Ms Joseph  
Senior Cricket – Ms Pashley  
Junior and Girls and Boys Tee ball – Ms Pene  
Senior boys and Girls Softball – Mr Penman

### Junior Cricket

Last Friday we faced a great Croydon team and played a very close game. We lost the toss and were sent into bat. Homebush West got off to a great start with the first 2 pairs putting on 61 runs. The rest of the pairs kept the score turning over and we made 89 runs off the bat. Our field and bowling was extremely good with Mohammad taking an awesome one handed catch. In the end we actually won by 2 runs, 124-122! Overall we had a great game and superb bowling and batting. Well done team. Keep up the great work.

By Nithin

### Senior Cricket

In PSSA cricket last Friday, Homebush West Public School seniors played against Croyden Public School. So far we were in 2nd place and with our courage, skills, and practice, we went on the pitch to play. We batted first with Sebastian hitting a brilliant 4! When it was time for bowling and fielding we were an incredible team. Special mention to Sandeep who caught a ball! Overall, this day was amazing, winning 108.5 to 95.5.

Written by Chinmayee

### Junior and Girls and Boys Tee ball

On a warm, sunny day, with a light summery breeze, the Junior Tee ball teams had an extended training session due to Enfield PS not having any junior teams. We used this opportunity to practise our batting and fielding techniques. As a team, we realised that the Junior Girls team are more successful with their fielding and the Junior Boys team are more successful with their batting. With this information, we were all able to work together and help each other work on these areas of improvement as a team and improve these skills. It was lovely to see the teams supporting and encouraging each other to be better at a game they all love.

Bring on next week's match against Burwood PS!

Ms Pene

### Senior Boys Softball

On the Friday the 8th of November, HWPS played against Enfield Public. The team had a big training session in the morning focussing on their hitting and not swing out of their strike zone. The team played a great game with James as their captain. Aaryan had his first attempt at pitching and managed to keep the opposition's team to a low. He should be very proud of himself.

Unfortunately the team were unsuccessful, there was only one run difference in the score. The team tried really hard and are coming together as the season comes to an end.

Keep up the effort!

### Senior Girls Softball

Last Friday Homebush West played against Enfield Public. This week in training we were focussing on timing the hit so that we could have a seamless swing. The team tried their best this week however had a loss by 1 run. Nethrra's pitching was extremely accurate this week, with Allura putting on the catcher's gear. We congratulate Allura for receiving 'player of the match' from the oppositions coach.

Akshyaa scored a home run this game, helping to get runs on the board. We had one of the Juniors Devashri come up and play for us to fill in for an injured player. She managed to do just fine without the tee and made it on base. The team is building resilience every week and are consistently moving forward with their improvements.

Well done on representing HWPS so well.

Mr Penman

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Quality in all that  
we do*





## Chatterbox Café

ENGLISH CONVERSATION & SKILLS



### Chatterbox Café – English Class FREE

Come and join the continuation of English Classes - called 'Chatterbox Café - in our Media Room (in the library) every Tuesday from 9:15-11:30am. Strathfield Council provides teachers and volunteers to practise your conversational English skills. Morning tea and printing resources also available.

Please see Mrs Prouty for more information.

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Respect for others*

Homebush West would like to thank Festival Hire for their generosity towards the Year 6 Farewell

 FESTIVAL HIRE

1300 761 799 [festival.net.au](http://festival.net.au)



## Strathfield Christmas Carols

### 'Tis The Season To Be Jolly!

This year's Strathfield Council's Christmas Carols will return to Bressington Park on Saturday 7 December!

The festive event will treat you and your family to a magical day of Christmas performances, a visit from Santa Claus and fun children's activities!

That's not all! There will also be a special Movies in the Park Christmas screening of The Grinch (2018) and a spectacular fireworks display to conclude the night.

Mark it in your calendars and watch out for updates!

**When:** Saturday 7 December – Carols from 6pm; The Grinch screening at approx. 8pm; fireworks at approx. 9.45pm

**Where:** Bressington Park, Underwood Rd, Homebush, for further details please visit <https://strathfieldevents.nsw.gov.au/major-events/christmas-carols/>



**Exclusive Real Estate supporting Homebush West Public School**

Exclusive Real Estate is very keen to help our school and community and is a top Real Estate Agent in the area. They have offered an extra incentive that you can pass on to friends and family. If you take advantage of Exclusive Real Estate’s great service you can benefit the school at the same time, Exclusive will donate:

- \$500 from any sale referral
- \$250 for any property management referral
- \$500 for any strata building



Just mention Homebush West Public School!!

[www.exclusivere.com.au](http://www.exclusivere.com.au) Andrew Bova m: 0414 614 256 e: <mailto:andrew@exclusivere.com.au>

The Walking Bus is proudly sponsored by Exclusive Real Estate

The Chaplaincy Program run by Mrs Prouty is proudly sponsored by

# Suttons

HOME BUSH

**Hot Dog Orders**

Friday Hot Dog Orders – Last orders by 3pm Thursdays  
 .....  
 Hot Dog Order Form  
 First Name: \_\_\_\_\_  
 Last Name: \_\_\_\_\_  
 Class: \_\_\_\_\_  
 Plain Hot Dogs at \$3 each \_\_\_\_\_



*We value  
Success for all*



### Term 4 Tuesday 'Noodles or Fried Rice' Fundraiser



Tuesday 15th October 2019

Dear Parents and Carers,

HWPS will be running a Tuesday 'Vegetarian Noodles or Fried Rice' lunch order day during Term Four. If you wish to participate in the fundraiser please complete this form below and return to the office ASAP. One serving of Noodles or Fried Rice is \$3.00 and is paid at the office with this note. Please note: this payment is not part of the school fees.

## TUESDAY VEGETARIAN NOODLE or FRIED RICE LUNCH ORDER

I would like to pre-order noodles or Fried Rice for lunch. Please see below for my child's details:

Child's Name:  Child's Class:

Please select (tick) which days you wish to pre-order vegetarian noodles or fried rice (please circle your option) for your child to have for lunch:

- Tuesday 22 October (Week 2)      Rice / Noodles
- Tuesday 29 October (Week 3)      Rice / Noodles
- Tuesday 5 November (Week 4)      Rice / Noodles
- Tuesday 12 November (Week 5)      Rice / Noodles
- Tuesday 19 November (Week 6)      Rice / Noodles
- Tuesday 26 November (Week 7)      Rice / Noodles
- Tuesday 3 December (Week 8)      Rice / Noodles
- Tuesday 10 December (Week 9)      Rice / Noodles
- Tuesday 17 December (Week 10)      Rice / Noodles

**CASH PAYMENTS ONLY**

Total Amount paid \$ \_\_\_\_\_

### Food Allergy or Special Diet

Complete ONLY if REQUIRED

My child has a food allergy and cannot eat food containing:

Please note that the noodles or rice option is **vegetarian only**.

**Noodle Ingredients:** Hokkien noodles, salt, soy sauce, vegetable oil, cabbage and carrot.

**Rice Ingredients:** Rice, salt, soy sauce, vegetable oil, corn, baby peas and carrot.

**Please note:** On Tuesdays there will also be **popcorn, apples** and other **pieces of fruit** for sale for \$1 each.

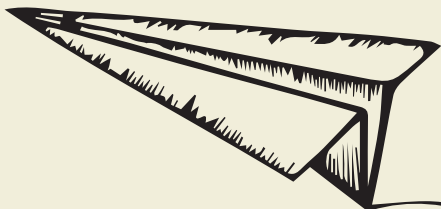
Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

#### Medical Information

*\* In signing this order form you confirm that your child's medical record and emergency contact details are current including any allergies/asthma information. If medical records are not current, please see office staff to update.*

SYMPHONIA JUBILATE  
PRESENTS



# FLYING SOLO


Saturday November 16th At 5:00pm  
Marie Bashir Public School Hall  
Albert Road, Strathfield

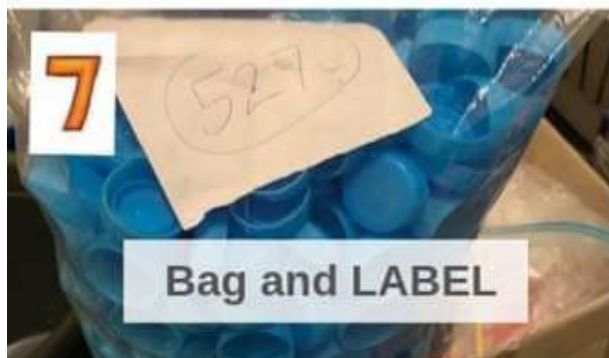


Education  
Public Schools



# BEFORE YOU DROP OFF LIDS

(your coordinator will LOVE you!) 



**PARTICIPANT INFORMATION SHEET**  
***Parental Characteristics and Screen Time on Early Childhood Development***  
**UTS HREC REF NO. ETH18-2354**

**WHO IS DOING THE RESEARCH?**

My name is Miss Nghi Bui and I am a Doctor of Philosophy (Clinical Psychology) student at UTS. My supervisors are Dr John McAloon and Dr. Josephine Paparo at the UTS Graduate School of Health.

**WHAT IS THIS RESEARCH ABOUT?**

During childhood, parents have an influential role in a child's development and future outcomes. On top of that, early childhood activities and experiences, such as screen time, may impact a child's development. Screen time has become increasingly prevalent in the lives of children and has become a dominant pastime in early childhood. Children engaging in screen time has also often been a source of conflict in the home. This research would like to further investigate the effects of handheld screens on development, considering the large role it plays in children's lives today.

**WHY HAVE I BEEN ASKED?**

You have been invited to participate in this study because we are interested in hearing more about your wellbeing, your family, and the role of handheld devices (e.g. iPads, tablets, smartphones) in your home and your child's development. Please only complete this survey if your child is born between 30/07/2013 to 30/09/2014 and engages in handheld device use.

**IF I SAY YES, WHAT WILL IT INVOLVE?**

If you decide to participate, I will invite you to complete a two-part online survey that is expected to be completed in 2019 and 2020. Each survey will take approximately 30 minutes to complete. You will be re-contacted in 2020 to remind you to complete the second part of the online survey.

The online survey will ask you some questions about your parenting experiences and wellbeing, your child's screen time and their development during school. We also appreciate your efforts in completing the survey and you will be eligible to enter in a draw to win 1 of 4 \$100 Coles/Myer Gift Cards at each time-point.

The results of this research will be used in Miss Nghi Bui's thesis for Doctor of Philosophy. The research may also be used for publication in an academic journal or be presented at conferences. All reportable information will be de-identified.

**ARE THERE ANY RISKS/INCONVENIENCE?**

Yes, there are some risks/inconvenience. You may be asked potentially sensitive questions about you and your child. While we expect limited risk and distress whilst completing the survey, if you do become distressed recalling you and/or your child's experiences, we will provide information to contact services upon completion or withdrawal from the study.

**DO I HAVE TO SAY YES?**

Participation in this study is voluntary. It is completely up to you whether or not you decide to take part.

**WHAT WILL HAPPEN IF I SAY NO?**

If you decide not to participate, it will not affect your relationship with the researchers or the University of Technology Sydney. If you wish to withdraw from the study once it has started, you can do so at any time without having to give a reason, by contacting Miss Nghi Bui on the details below.

If you withdraw from the study, your data will be destroyed. However, it may not be possible to withdraw your data from the study results if these have already had your identifying details removed.

**CONFIDENTIALITY**

By signing the consent form you consent to the research team collecting and using personal information about you for the research project. All this information will be treated confidentially. All participants will be

assigned a Unique Participant Identifying Code (UPIC). This code will then be attached to the participant's email stored separately in a password protected file. The UPIC will then be attached to all participant research data and this will be stored without reference to participant identifying information in an independent password protected file. Your information will only be used for the purpose of this research project. Only the nominated researchers will have access to the material provided by participants in this study. This will ensure that data will be kept confidential, both during the collection phase and in the publication of results. The exceptions to confidentiality include any disclosure of risk of harm to yourself or others, including harm to children or if there is a legal requirement. In these circumstances, the researcher will have to break confidentiality.

We plan to publish and use the results in a doctoral thesis, journal article and potentially at a conference. In any publication, information will be provided in such a way that you cannot be identified.

#### WHAT IF I HAVE CONCERNS OR A COMPLAINT?

If you have concerns about the research that you think I or my supervisor can help you with, please feel free to contact us on the details below:

Primary Investigator: Nghi Bui  
Email: [nghi.h.bui@student.uts.edu.au](mailto:nghi.h.bui@student.uts.edu.au)

UTS Primary Supervisor: Dr. John McAloon  
Phone: +61 2 9514 7240, Email: [john.mcaloon@uts.edu.au](mailto:john.mcaloon@uts.edu.au)

UTS Secondary Supervisor: Dr. Josephine Paparo  
Phone: +61 2 9514 4276, Email: [josephine.paparo@uts.edu.au](mailto:josephine.paparo@uts.edu.au)

If you wish to talk to someone about how you feel during or after completion of the survey we encourage you to contact:

- Parentline – 1300 1300 52
- Kids Helpline – 1800 55 1800 (24 hours)
- Lifeline – 11 13 14 (24 hours)
- UTS Psychology Clinic – 9514 7339
- Your local GP or wellbeing team at your child's local school

Additionally, if you are feeling distressed during or after this survey, referral information can be provided. Please consult with your local GP as soon as possible to seek their advice. Alternatively, please do not hesitate to contact one of the researchers listed above should we be able to support you in this in any way.

Please screenshot this page for a personal copy of this information sheet.

#### **NOTE:**

This study has been approved by the University of Technology Sydney Human Research Ethics Committee [UTS HREC]. If you have any concerns or complaints about any aspect of the conduct of this research, please contact the Ethics Secretariat on ph.: +61 2 9514 2478 or email: [Research.Ethics@uts.edu.au](mailto:Research.Ethics@uts.edu.au), and quote the UTS HREC reference number. Any matter raised will be treated confidentially, investigated and you will be informed of the outcome.

# IS YOUR CHILD USING A HANDHELD DEVICE ?

This research will involve a two-part online survey that is expected to be completed in 2019 and in 2020. Each survey will take approximately 30 minutes.

If your child is born between 30/10/2013 to 28/02/2015 and engages in handheld device use, we would like to hear from you!

Screen time is a popular pastime activity in children today. We are interested in exploring the effects of parental wellbeing and handheld devices (e.g. iPads, tablets, mobile phones) on development.

**YOU WILL GO INTO THE DRAW TO WIN 1 OF 4 \$100 GOLES/MYER GIFT CARDS!!!**

HOW TO PARTICIPATE

SCAN THE QR CODE



OR

[https://bit.ly/st\\_survey19](https://bit.ly/st_survey19)

ON THE WEB AND ENTER PASSWORD SCREEN19

This proposal has been approved by the UTS Human Research Ethics Committee (HREC#: ETH18-2354)

For further questions or information, please feel free to contact:

Primary Researcher: Nghi Bui ([nghi.h.bui@student.uts.edu.au](mailto:nghi.h.bui@student.uts.edu.au))

Primary Supervisor: Dr John McAloon ([john.mcaloon@uts.edu.au](mailto:john.mcaloon@uts.edu.au) or 9514 7240)

Secondary Supervisor: Dr Josephine Paparo ([josephine.paparo@uts.edu.au](mailto:josephine.paparo@uts.edu.au) or 9514 4276)



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